

What are Minerals and Toxins?

Minerals are essential nutrients that help to regulate nerve responses, muscle contractions, influence the construction of hormones and spark the body's ability to create energy from food. These minerals include calcium, potassium, magnesium, manganese, zinc, selenium, vanadium, chromium, copper and molybdenum

Toxins are those heavy metals which can interfere with optimal health. They are also known to compete with the essential minerals and can induce deficiencies in those. Toxins include aluminum, cadmium, lead and mercury.

Why is testing for Minerals and Toxins important?

In the past, you could get all the minerals you needed from your food supply and there was far less exposure to heavy metals. In today's environment, the levels of essential minerals are at the lowest levels ever. Trying to supplement the needed minerals is a guessing game. The only way to get around this problem is to find the right test to ascertain your needs.

Another issue is to see if there are heavy metals that may be interfering with the normal functioning of your cells. Depending on the results, your health care practitioner may decide to chelate (remove) these unhealthy metals, or some other program to allow your

How Does This Affect Me?

Trace Minerals /Heavy Metals

- Hypoglycemia
- Anemia
- Fatigue
- Sterility
- Thyroid dysfunction
- Poor wound healing
- Weakened immune system
- Cardiovascular disease

Heavy Metals—
Possible side effects of
excesses

- Alzheimer's Disease
- Autism
- I * Anemia
- Learning Disabilities
- Memory Loss
- Cardiovascular disease

body to excrete them slowly. The method used is largely determined by your current health status in conjunction with the results from the test.

Interpreting the results from a test such as this one used to be difficult and tedious until the advent of the CellMate™ Report. The computerized interpretive report can help your health care practitioner to develop the safest and most effective program to help balance your trace mineral levels as well as rid your body of the unhealthy and toxic heavy metals.

The Test and Cellmate™ Report



Your health care provider can gain valuable information about the overall status of your organic acid levels through this time-tested and accurate test. Combine it with the advanced computer

technology developed by the research team at Carbon Based Corporation through its CellMate™ Wellness Reports, your practitioner can design a customized, and properly sequenced, nutritional support program to optimize your chances of achieving balance and overall health.

The test is simple, and requires a blood sample to get all the information needed to get you on your way. Your practitioner has chosen to utilize the advanced testing facility of MetaMetrix Clinical Laboratory in Norcross, Georgia to perform the test. The results are usually ready in 2-3 weeks and are sent to the people at Carbon Based Corporation to put the finishing touches on the data with their extensive interpretive report. At that point a complete, individualized program is put together taking into account your needs and requirements. From there, it's all up to you.

